

LawCare

Supporting the Legal Community

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**How are you,
really?**

LawCare

Supporting the Legal Community

How are you, really?

Life in the law can be challenging and sometimes things can get on top of you.

Can we help?

LawCare is an independent charity offering emotional support, information and training to the legal community in the UK, Channel Islands and Isle of Man. We work to promote good mental health and wellbeing in legal workplaces.

We have been supporting lawyers for over 20 years and no-one knows lawyers like we do.

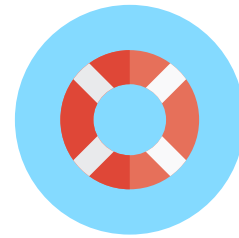
Our confidential support service is a safe place to talk without judgement. We're here to help, with calls, emails and online chat answered by trained staff and volunteers who have first-hand experience of working in the law.

Whether you're a barrister feeling burnt out, a young trainee experiencing sexual harassment, an HR professional struggling with the workload, an experienced legal professional worrying about a mistake you've made, or a partner feeling pushed out - we're here to listen.

As well as our support service, we offer one-to-one peer support, information, resources and factsheets.

We are here to help all branches of the legal profession: solicitors, barristers, judges, Chartered Legal Executives, paralegals, trade mark attorneys, patent attorneys, costs lawyers, notaries, licenced conveyancers, support staff, and concerned family members.

Our support spans the legal life from student to training to practice and retirement.



CALL 0800 279 6888

Monday-Friday 9am-5.30pm

email support@lawcare.org.uk
or access online chat at
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